



10. Cross Triathlon Friedrichroda  
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Becker, Gerhard

Total time: 1:43:00

Club: Delitsch

Number: 140

Course: 29.40 km

Rank in course/Total: 56 (of 172)

Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Men: 52 (of 146)

Best time in course: 1:25:53

Category:

Rank in category: 15(of 42)

AK 30 männlich

Best time in the category: 1:25:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	7:13	18:02	3	0:15	10	1:17	0.40	7:13	18:02	43		147	
Rad	23.00	1:02:45	2:43	13	8:44	48	10:03	23.40	1:09:58	2:59	42		144	4:50
Lauf	6.00	33:02	5:30	23	9:19	81	9:19	29.40	1:43:00	3:30	15	17:07	52	17:07