



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Karlowsky, Michael

Total time: 1:41:32

Club: Dresden

Number: 151

Course: 29.40 km

Rank in course/Total: 47 (of 172)

Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Men: 44 (of 146)

Best time in course: 1:25:53

Category:

Rank in category: 12(of 45)

AK 40 männlich

Best time in the category: 1:32:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	9:02	22:34	20	2:27	67	3:06	0.40	9:02	22:34	46	0:17	147	1:15
Rad	23.00	1:02:12	2:42	12	4:44	41	9:30	23.40	1:11:14	3:02	46		144	6:06
Lauf	6.00	30:18	5:02	12	3:38	42	6:35	29.40	1:41:32	3:27	12	9:00	44	15:39