



10. Cross Triathlon Friedrichroda  
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Jäger, Thomas

Total time: 1:38:47

Club: Eberstadt

Number: 167

Course: 29.40 km

Rank in course/Total: 28 (of 172)

Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Men: 26 (of 146)

Best time in course: 1:25:53

Category:

Rank in category: 4(of 45)

AK 40 männlich

Best time in the category: 1:32:32

Intermediate times

Stage score

Total ranking

| Control   | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |      |
|-----------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|------|
|           |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |      |
| Schwimmen | 0.40        | 6:35          | 16:27           | 1           | -              | 4           | 0:39          | 0.40          | 6:35          | 16:27           | 46          |                |            | 147           |      |
| Rad       | 23.00       | 1:00:18       | 2:37            | 7           | 2:50           | 33          | 7:36          | 23.40         | 1:06:53       | 2:51            | 46          |                |            | 144           | 1:45 |
| Lauf      | 6.00        | 31:54         | 5:18            | 15          | 5:14           | 62          | 8:11          | 29.40         | 1:38:47       | 3:21            | 4           | 6:15           | 26         | 12:54         |      |