



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Uhlemann, Mario

Total time: 1:47:21

Club: Brandis, Sachsen

Number: 147

Course: 29.40 km

Rank in course/Total: 76 (of 172)

Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Men: 70 (of 146)

Best time in course: 1:25:53

Category:

Rank in category: 21(of 42)

AK 30 männlich

Best time in the category: 1:25:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time			min/km	Pos Men	Behind Men
Schwimmen	0.40	8:11	20:27	13	1:13	36	2:15	0.40	8:11	20:27	43		147	0:24
Rad	23.00	1:07:28	2:56	29	13:27	88	14:46	23.40	1:15:39	3:13	42		144	10:31
Lauf	6.00	31:42	5:16	17	7:59	58	7:59	29.40	1:47:21	3:39	21	21:28	70	21:28