



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Espig, Torsten

Total time: 1:41:41

Club: MTB Team Schroeter / Tabarzer SV
Number: 182

Course: 29.40 km
Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Total: 49 (of 172)

Rank in course/Men: 46 (of 146)

Best time in course: 1:25:53

Category:

Rank in category: 14(of 29)

AK 20 männlich

Best time in the category: 1:27:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	9:47	24:27	20	3:51	95	3:51	0.40	9:47	24:27	30	1:28	147	2:00
Rad	23.00	59:24	2:34	11	6:42	27	6:42	23.40	1:09:11	2:57	28	7:10	144	4:03
Lauf	6.00	32:30	5:25	18	7:10	73	8:47	29.40	1:41:41	3:27	14	13:45	46	15:48