



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Sänger, Matthias

Total time: 1:34:28

Club: SV Chemie Gotha

Number: 211

Course: 29.40 km

Rank in course/Total: 20 (of 172)

Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Men: 19 (of 146)

Best time in course: 1:25:53

Category:

Rank in category: 4(of 20)

AK 50 männlich

Best time in the category: 1:26:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.40	7:48	19:30	4	1:38	23	1:52	0.40	7:48	19:30	21			147	0:01
Rad	23.00	57:35	2:30	5	3:13	18	4:53	23.40	1:05:23	2:47	21			144	0:15
Lauf	6.00	29:05	4:50	7	3:56	28	5:22	29.40	1:34:28	3:12	4	8:09		19	8:35