



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Ernst, Marcel

Total time: 1:59:23

Club: Sonntagsläufer

Number: 129

Course: 29.40 km

Rank in course/Total: 129 (of 172)

Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Men: 119 (of 146)

Best time in course: 1:25:53

Category:

Rank in category: 25(of 29)

AK 20 männlich

Best time in the category: 1:27:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	10:33	26:22	24	4:37	116	4:37	0.40	10:33	26:22	30	2:14	147	2:46
Rad	23.00	1:17:16	3:21	26	24:34	133	24:34	23.40	1:27:49	3:45	28	25:48	144	22:41
Lauf	6.00	31:34	5:15	15	6:14	57	7:51	29.40	1:59:23	4:03	25	31:27	119	33:30