



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Koch, Mathias

Total time: 2:01:38

Club: Erfurt
Number: 126

Course: 29.40 km
Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Total: 136 (of 172)
Rank in course/Men: 125 (of 146)
Best time in course: 1:25:53

Category:
AK 30 männlich

Rank in category: 38(of 42)
Best time in the category: 1:25:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	9:20	23:19	26	2:22	79	3:24	0.40	9:20	23:19	43	0:06	147	1:33
Rad	23.00	1:14:48	3:15	38	20:47	127	22:06	23.40	1:24:08	3:35	42	7:30	144	19:00
Lauf	6.00	37:30	6:15	38	13:47	124	13:47	29.40	2:01:38	4:08	38	35:45	125	35:45