



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Frohl, Jochen

Total time: 1:40:58

Club: Triathlon Friedrichroda
Number: 195

Enduro U13

Rank in course/Total: 44 (of 172)

Rank in course/Men: 41 (of 146)

Best time in course: 1:25:53

Category:

Rank in category: 7(of 20)

AK 50 männlich

Best time in the category: 1:26:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	8:58	22:24	8	2:48	65	3:02	0.40	8:58	22:24	21		147	1:11
Rad	23.00	1:02:00	2:41	7	7:38	40	9:18	23.40	1:10:58	3:01	21		144	5:50
Lauf	6.00	30:00	5:00	8	4:51	39	6:17	-	1:40:58	-	7	14:39	41	15:05