



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Kurz, Steffan

Total time: 1:50:53

Club: SV 05 Friedrichroda

Number: 168

Course: 29.40 km

Rank in course/Total: 100 (of 172)

Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Men: 93 (of 146)

Best time in course: 1:25:53

Category:

Rank in category: 28(of 45)

AK 40 männlich

Best time in the category: 1:32:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.40	9:29	23:42	28	2:54	85	3:33	0.40	9:29	23:42	46	0:44	147	1:42
Rad	23.00	1:06:51	2:54	25	9:23	81	14:09	23.40	1:16:20	3:15	46	2:43	144	11:12
Lauf	6.00	34:33	5:45	30	7:53	95	10:50	29.40	1:50:53	3:46	28	18:21	93	25:00