



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Wei, Uwe

Total time: 1:39:07

Club: Tambach-Dietharz
Number: 206

Course: 29.40 km
Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Total: 30 (of 172)
Rank in course/Men: 28 (of 146)
Best time in course: 1:25:53

Category:
AK 50 mnnlich

Rank in category: 6(of 20)
Best time in the category: 1:26:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	10:08	25:19	10	3:58	102	4:12	0.40	10:08	25:19	21		147	2:21
Rad	23.00	1:00:19	2:37	6	5:57	34	7:37	23.40	1:10:27	3:00	21		144	5:19
Lauf	6.00	28:40	4:46	5	3:31	24	4:57	29.40	1:39:07	3:22	6	12:48	28	13:14