



10. Cross Triathlon Friedrichroda  
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Schönau, Torsten

Total time: 2:05:51

Club: Gotha  
 Number: 131

Course: 29.40 km  
 Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Total: 145 (of 172)  
 Rank in course/Men: 132 (of 146)  
 Best time in course: 1:25:53

Category:  
 AK 40 männlich

Rank in category: 42(of 45)  
 Best time in the category: 1:32:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	9:11	22:57	23	2:36	71	3:15	0.40	9:11	22:57	46	0:26	147	1:24
Rad	23.00	1:21:15	3:31	43	23:47	139	28:33	23.40	1:30:26	3:51	46	16:49	144	25:18
Lauf	6.00	35:25	5:54	33	8:45	106	11:42	29.40	2:05:51	4:16	42	33:19	132	39:58