



1. Gräfenhainer Steigerlauf

Gräfenhain / 23.07.2011

Detailed evaluation

Töpfer, Martin

Club: Kiliansroda

Number: 118

Course: 19.80 km

20 km - Strecke Nordic Walking

Total time: 2:37:13

Speed: 7.25 km/h

metres in height up: 472

Course score: 26.08

performance score: 203 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|--------------------------|----------|----------|-------------|------------|------------|
| Start | 0 | 0 | 09:28 | 00:00 | 00:00 |
| Steigerhaus | 2.9 | 2.9 | 09:53 | 00:24 | 00:24 |
| Finsterbacher Pirschhaus | 8.3 | 5.4 | 10:39 | 01:10 | 00:46 |
| Lindenstein | 16.3 | 8.0 | 11:34 | 02:06 | 00:55 |
| Finish | 19.8 | 3.5 | 12:05 | 02:37 | 00:31 |