



1. Gräfenhainer Steigerlauf

Gräfenhain / 23.07.2011

Detailed evaluation

Jahn, Felix

Club: Gräfenhain

Number: 222

Course: 14.60 km

15 km - Strecke Nordic Walking

Total time: 2:09:24

Speed: 6.49 km/h

metres in height up: 398

Course score: 19.97

performance score: 139 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:56	00:00	00:00
Steigerhaus	2.9	2.9	10:23	00:26	00:26
Finsterbacher Pirschhaus	8.3	5.4	11:12	01:15	00:49
Finish	14.6	6.3	12:06	02:09	00:53