



1. Gräfenhainer Steigerlauf

Gräfenhain / 23.07.2011

Detailed evaluation

Laube, Peter

Club: Privat
Number: 212

Course: 14.60 km
15 km - Strecke Nordic Walking

Total time: 2:45:11

Speed: 5.09 km/h

metres in height up: 398
Course score: 19.97
performance score: 109 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:56	00:00	00:00
Steigerhaus	2.9	2.9	10:30	00:33	00:33
Finsterbacher Pirschhaus	8.3	5.4	11:35	01:38	01:04
Finish	14.6	6.3	12:41	02:45	01:06