



1. Gräfenhainer Steigerlauf

Gräfenhain / 23.07.2011

Detailed evaluation

Thiele, Jens

Club: SV Stockhütte

Number: 124

Course: 19.80 km

20 km - Strecke Nordic Walking

Total time: 2:26:16

Speed: 7.79 km/h

metres in height up: 472

Course score: 26.08

performance score: 218 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:28	00:00	00:00
Steigerhaus	2.9	2.9	09:50	00:21	00:21
Finsterbacher Pirschhaus	8.3	5.4	10:33	01:04	00:42
Lindenstein	16.3	8.0	11:26	01:57	00:52
Finish	19.8	3.5	11:54	02:26	00:28