



25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

Detailed evaluation

Hiller, Manfred

Club: Nofretete e.v.

Number: 619

Course: 12.30 km

12 km-Lauf

Category:

Männer M55

Total time: 1:02:39

Speed: 11.49 km/h

Running performance: 5:05 min/km

Rank in course/Total: 58 (of 146)

Rank in course/Men: 55 (of 122)

Best time in course: 46:47

Rank in category: 4(of 8)

Best time in the category: 58:43