



## 25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

### Detailed evaluation

Stephan, Guido

Number: 647

Course: 12.30 km  
12 km-Lauf

Category:  
Männer M45

Total time: 1:02:58

Speed: 11.43 km/h

Running performance: 5:07 min/km

Rank in course/Total: 63 (of 146)

Rank in course/Men: 58 (of 122)

Best time in course: 46:47

Rank in category: 13(of 30)

Best time in the category: 48:04