



25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

Detailed evaluation

Hempel, Ernst

Club: Saalfelder LV

Number: 751

Course: 12.30 km

12 km-Lauf

Category:

Männer M60

Total time: 1:04:30

Speed: 11.16 km/h

Running performance: 5:14 min/km

Rank in course/Total: 71 (of 146)

Rank in course/Men: 65 (of 122)

Best time in course: 46:47

Rank in category: 2(of 6)

Best time in the category: 58:01