



25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

Detailed evaluation

Trubjansky, Heiko

Club: Luisenthal

Number: 685

Course: 12.30 km

12 km-Lauf

Category:

Männer M40

Total time: 1:05:21

Speed: 11.02 km/h

Running performance: 5:19 min/km

Rank in course/Total: 75 (of 146)

Rank in course/Men: 69 (of 122)

Best time in course: 46:47

Rank in category: 12(of 15)

Best time in the category: 56:24