



## 25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

### Detailed evaluation

**Limpert, Ramona**

Club: Sportteam Steinbach Meiningen

Number: 626

Course: 12.30 km

12 km-Lauf

Category:

Frauen W30

Total time: 1:05:35

Speed: 10.98 km/h

Running performance: 5:20 min/km

Rank in course/Total: 79 (of 146)

Rank in course/Women: 7 (of 24)

Best time in course: 1:01:04

Rank in category: 1(of 2)

Best time in the category: 1:05:35