



25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

Detailed evaluation

Rausch, Uwe

Club: SV Motor Tambach-Dietharz

Number: 671

Course: 12.30 km

12 km-Lauf

Category:

Männer M45

Total time: 1:07:07

Speed: 10.73 km/h

Running performance: 5:28 min/km

Rank in course/Total: 90 (of 146)

Rank in course/Men: 83 (of 122)

Best time in course: 46:47

Rank in category: 21(of 30)

Best time in the category: 48:04