



25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

Detailed evaluation

Holland-Nell, Karl-Heinz

Club: RLV Steinbach-Hallenberg

Number: 735

Course: 12.30 km

12 km-Lauf

Category:

Männer M65

Total time: 1:07:22

Speed: 10.69 km/h

Running performance: 5:29 min/km

Rank in course/Total: 93 (of 146)

Rank in course/Men: 85 (of 122)

Best time in course: 46:47

Rank in category: 1(of 4)

Best time in the category: 1:07:22