



25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

Detailed evaluation

Steinbach, Maik

Club: Sportteam Steinach

Number: 708

Course: 12.30 km

12 km-Lauf

Category:

Männer M35

Total time: 1:10:01

Speed: 10.28 km/h

Running performance: 5:41 min/km

Rank in course/Total: 109 (of 146)

Rank in course/Men: 98 (of 122)

Best time in course: 46:47

Rank in category: 10(of 12)

Best time in the category: 49:44