



## 25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

### Detailed evaluation

**Theey, Katrin**

Club: SV Emsetal

Number: 728

Course: 12.30 km

12 km-Lauf

Category:

Frauen W45

Total time: 1:10:27

Speed: 10.22 km/h

Running performance: 5:44 min/km

Rank in course/Total: 110 (of 146)

Rank in course/Women: 12 (of 24)

Best time in course: 1:01:04

Rank in category: 3(of 6)

Best time in the category: 1:02:01