



25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

Detailed evaluation

Herzer, Heiko

Number: 661

Course: 12.30 km
12 km-Lauf

Category:
Männer M35

Total time: 1:11:23

Speed: 10.09 km/h

Running performance: 5:48 min/km

Rank in course/Total: 115 (of 146)

Rank in course/Men: 102 (of 122)

Best time in course: 46:47

Rank in category: 11(of 12)

Best time in the category: 49:44