



25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

Detailed evaluation

Kaiser, Sabine

Club: Luisenthaler SV

Number: 902

Course: 3.00 km

3 km-Lauf

Category:

Frauen W45

Total time: 20:51

Speed: 8.63 km/h

Running performance: 6:57 min/km

Rank in course/Total: 17 (of 20)

Rank in course/Women: 6 (of 8)

Best time in course: 14:59

Rank in category: 1(of 2)

Best time in the category: 20:51