



25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

Detailed evaluation

Matthes, Jan

Club: Laufftreff Breitungen

Number: 629

Course: 12.30 km

12 km-Lauf

Category:

Männer M45

Total time: 1:14:32

Speed: 9.66 km/h

Running performance: 6:04 min/km

Rank in course/Total: 125 (of 146)

Rank in course/Men: 110 (of 122)

Best time in course: 46:47

Rank in category: 30(of 30)

Best time in the category: 48:04