



25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

Detailed evaluation

Holland-Nell, Gabriel H.

Club: Tromsö - Norwegen

Number: 913

Course: 3.00 km

3 km-Lauf

Category:

männliche Jugend B

Total time: 20:52

Speed: 8.63 km/h

Running performance: 6:58 min/km

Rank in course/Total: 18 (of 20)

Rank in course/Men: 12 (of 12)

Best time in course: 13:10

Rank in category: 3(of 3)

Best time in the category: 15:26