



25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

Detailed evaluation

Ellenberg, Horst

Club: Gotha

Number: 687

Course: 12.30 km

12 km-Lauf

Category:

Männer M75

Total time: 2:13:23

Speed: 5.40 km/h

Running performance: 10:50 min/km

Rank in course/Total: 146 (of 146)

Rank in course/Men: 122 (of 122)

Best time in course: 46:47

Rank in category: 5(of 5)

Best time in the category: 1:06:46