



25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

Detailed evaluation

Meinecke, Thomas

Club: SV TU Ilmenau

Number: 630

Course: 12.30 km

12 km-Lauf

Category:

Männer M45

Total time: 48:04

Speed: 14.98 km/h

Running performance: 3:55 min/km

Rank in course/Total: 3 (of 146)

Rank in course/Men: 3 (of 122)

Best time in course: 46:47

Rank in category: 1(of 30)

Best time in the category: 48:04