



25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

Detailed evaluation

Juskschat, Wolf

Club: WTA Weser / LG Frauenwald

Number: 695

Course: 12.30 km

12 km-Lauf

Category:

Männer M35

Total time: 49:44

Speed: 14.48 km/h

Running performance: 4:02 min/km

Rank in course/Total: 5 (of 146)

Rank in course/Men: 5 (of 122)

Best time in course: 46:47

Rank in category: 1(of 12)

Best time in the category: 49:44