



## 25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

### Detailed evaluation

**Grand, Martin**

Club: SV Gelb Blau Wipfra

Number: 697

Course: 12.30 km

12 km-Lauf

Category:

Männer M20

Total time: 54:11

Speed: 13.29 km/h

Running performance: 4:25 min/km

Rank in course/Total: 11 (of 146)

Rank in course/Men: 11 (of 122)

Best time in course: 46:47

Rank in category: 4(of 15)

Best time in the category: 46:47