



25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

Detailed evaluation

Löppen, Reinhard

Club: SV Emsetal

Number: 729

Course: 12.30 km

12 km-Lauf

Category:

Männer M50

Total time: 55:39

Speed: 12.94 km/h

Running performance: 4:31 min/km

Rank in course/Total: 15 (of 146)

Rank in course/Men: 15 (of 122)

Best time in course: 46:47

Rank in category: 2(of 15)

Best time in the category: 55:09