



25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

Detailed evaluation

Dr. Ecke, Michael

Club: GMRL Eisenach

Number: 677

Course: 12.30 km

12 km-Lauf

Category:

Männer M50

Total time: 56:01

Speed: 12.85 km/h

Running performance: 4:33 min/km

Rank in course/Total: 17 (of 146)

Rank in course/Men: 17 (of 122)

Best time in course: 46:47

Rank in category: 3(of 15)

Best time in the category: 55:09