



25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

Detailed evaluation

Banzer, Roland

Club: Kath. Laufjugend Arnstadt

Number: 734

Course: 12.30 km

12 km-Lauf

Category:

Männer M45

Total time: 58:08

Speed: 12.39 km/h

Running performance: 4:44 min/km

Rank in course/Total: 27 (of 146)

Rank in course/Men: 27 (of 122)

Best time in course: 46:47

Rank in category: 6(of 30)

Best time in the category: 48:04