



25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

Detailed evaluation

Beck, Ronald

Club: Gotha

Number: 662

Course: 12.30 km

12 km-Lauf

Category:

Männer M45

Total time: 59:11

Speed: 12.17 km/h

Running performance: 4:49 min/km

Rank in course/Total: 35 (of 146)

Rank in course/Men: 35 (of 122)

Best time in course: 46:47

Rank in category: 7(of 30)

Best time in the category: 48:04