



25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

Detailed evaluation

Pennewiss, Jan

Number: 659

Course: 12.30 km
12 km-Lauf

Category:
Männer M20

Total time: 59:25

Speed: 12.12 km/h

Running performance: 4:50 min/km

Rank in course/Total: 36 (of 146)

Rank in course/Men: 36 (of 122)

Best time in course: 46:47

Rank in category: 9(of 15)

Best time in the category: 46:47