



25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

Detailed evaluation

Wächter, Hartmut

Club: LSV Lok Arnstadt

Number: 656

Course: 12.30 km

12 km-Lauf

Category:

Männer M55

Total time: 1:00:32

Speed: 11.89 km/h

Running performance: 4:55 min/km

Rank in course/Total: 44 (of 146)

Rank in course/Men: 44 (of 122)

Best time in course: 46:47

Rank in category: 3(of 8)

Best time in the category: 58:43