



25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

Detailed evaluation

Kaiser, Michael

Club: Sportfreunde Elxleben e.V.

Number: 901

Course: 3.00 km

3 km-Lauf

Category:

S 11 männlich

Total time: 16:15

Speed: 11.08 km/h

Running performance: 5:25 min/km

Rank in course/Total: 9 (of 20)

Rank in course/Men: 7 (of 12)

Best time in course: 13:10

Rank in category: 2(of 2)

Best time in the category: 15:13