



25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

Detailed evaluation

Romming, Nicole

Club: Fitness Oase Ohrdruf

Number: 638

Course: 12.30 km

12 km-Lauf

Category:

Frauen W35

Total time: 1:01:27

Speed: 11.72 km/h

Running performance: 5:00 min/km

Rank in course/Total: 49 (of 146)

Rank in course/Women: 2 (of 24)

Best time in course: 1:01:04

Rank in category: 1(of 4)

Best time in the category: 1:01:27