



25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

Detailed evaluation

Seever, Thorsten

Club: SG Motor Arnstadt

Number: 645

Course: 12.30 km

12 km-Lauf

Category:

Männer M40

Total time: 1:01:31

Speed: 11.70 km/h

Running performance: 5:00 min/km

Rank in course/Total: 51 (of 146)

Rank in course/Men: 49 (of 122)

Best time in course: 46:47

Rank in category: 7(of 15)

Best time in the category: 56:24