



25. Ohratalsperrenlauf

Luisenthal / 30.07.2011

Detailed evaluation

Ernst, Beate

Club: sonntagsläufer tambach-dietharz

Number: 610

Course: 12.30 km

12 km-Lauf

Category:

Frauen W45

Total time: 1:02:01

Speed: 11.61 km/h

Running performance: 5:02 min/km

Rank in course/Total: 54 (of 146)

Rank in course/Women: 3 (of 24)

Best time in course: 1:01:04

Rank in category: 1(of 6)

Best time in the category: 1:02:01