



26. stz-Werratal-Triathlon/6. Jedermann Triathlon
 Naherholungszentrum Immelborn / 07.08.2011

Detailed evaluation

Workconcept-Zimmer

Total time: 59:43

Number: 207

Speed: 15.07 km/h

Running performance: 3:59 min/km

Course: 15.00 km

Jedermann-Triathlon 0,3-14,0-5,0 km (Staffel) Rank in course: 4 (of 5)

Best time in course: 54:50

Category:

Rank in category: 4(of 5)

Jedermann-Staffel

Best time in the category: 54:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen	0.30	6:33	21:49	2	0:19	2	0:19	0.30	6:33	21:49	4		4	
Rad	14.00	27:15	1:56	5	4:54	5	4:54	14.30	33:48	2:21	4	3:19	4	3:19
Lauf	5.00	25:55	5:11	3	1:47	3	1:47	15.00	59:43	3:58	4	4:53	4	4:53