



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

Poppner, Kathrin

Club: WSV Ilmenau

Number: 313

Course: 10.50 km

10,5 km-Lauf

Category:

Frauen W40

Total time: 1:04:28

Speed: 9.31 km/h

Running performance: 6:08 min/km

Rank in course/Total: 96 (of 110)

Rank in course/Women: 15 (of 24)

Best time in course: 44:41

Rank in category: 4(of 6)

Best time in the category: 54:45