



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

Wigger, Barbara

Club: LSG 80 Schmückeläufer

Number: 376

Course: 10.50 km

10,5 km-Lauf

Category:

Frauen W40

Total time: 1:09:02

Speed: 9.13 km/h

Running performance: 6:34 min/km

Rank in course/Total: 103 (of 110)

Rank in course/Women: 20 (of 24)

Best time in course: 44:41

Rank in category: 5(of 6)

Best time in the category: 54:45