



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

Ahrndt, Paulina

Club: Laufgruppe Frauenwald

Number: 13

Course: 2.70 km

Schülerlauf

Category:

weibliche Schüler D

Total time: 18:35

Speed: 6.46 km/h

Running performance: 6:53 min/km

Rank in course/Total: 29 (of 30)

Rank in course/Women: 15 (of 16)

Best time in course: 12:59

Rank in category: 6(of 6)

Best time in the category: 13:53