



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

Wagner, Frank

Club: Rennsteiglaufverein/LG Süd

Number: 388

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M20

Total time: 43:16

Speed: 13.87 km/h

Running performance: 4:07 min/km

Rank in course/Total: 8 (of 110)

Rank in course/Men: 8 (of 86)

Best time in course: 37:08

Rank in category: 4(of 11)

Best time in the category: 37:08