



8. ASKLEPIOS TRITREKK
Bad Salzungen / 14.08.2011

Detailed evaluation

Sandy Abe, Michael Kramer

Club: Bärfelser Säcke Michael/Sandy
Number: 63

Course: 6.00 km
Tritrekk Lauf Duos

Category:
Duo Mix

Total time: 43:00

Speed: 8.37 km/h
Running performance: 7:10 min/km

Rank in course/Total: 22 (of 43)

Rank in course/Total: 5 (of 10)

Best time in course: 24:04

Rank in category: 5(of 10)

Best time in the category: 24:04

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total		Total		Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total	
Handicap	-	0:03	-	1	-	1	-	-	0:03	-	5	0:03	5	0:03	
Ziel Lauf	6.00	42:57	-	7	18:53	7	18:53	6.00	43:00	7:10	5	18:56	5	18:56	