



### 3. Schiller-Staffel-Lauf

Rudolstadt / 20.08.2011

#### Detailed evaluation

Sechs mit einer Frau

Number: 8

Course: 105.50 km

Schiller-Staffel

Category:

Männer

Total time: 9:14:30

Speed: 11.36 km/h

Running performance: 5:16 min/km

Rank in course: 13 (of 37)

Best time in course: 7:18:37

Rank in category: 11(of 23)

Best time in the category: 7:18:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schauenforst	17.00	1:33:09	5:28	14	20:59	21	20:59	17.00	1:33:09	5:28	1	-	33	
Maua	22.40	1:48:18	4:50	9	20:06	10	20:06	39.40	3:21:27	5:06	1	-	33	
Magdala	13.50	1:18:53	5:50	20	26:12	31	26:12	52.90	4:40:20	5:17	1	-	33	
Belvedere	11.10	56:26	5:05	9	13:51	10	13:51	64.00	5:36:46	5:15	1	-	33	
Blankenhain	15.40	1:24:27	5:29	12	19:36	17	19:36	79.40	7:01:13	5:18	1	-	33	
Luisenturm	16.20	1:17:23	4:46	6	11:54	7	11:54	95.60	8:18:36	5:12	1	-	33	
Rudolstadt	9.90	55:54	5:38	15	19:26	22	19:26	105.50	9:14:30	5:15	12	1:55:53	14	1:55:53